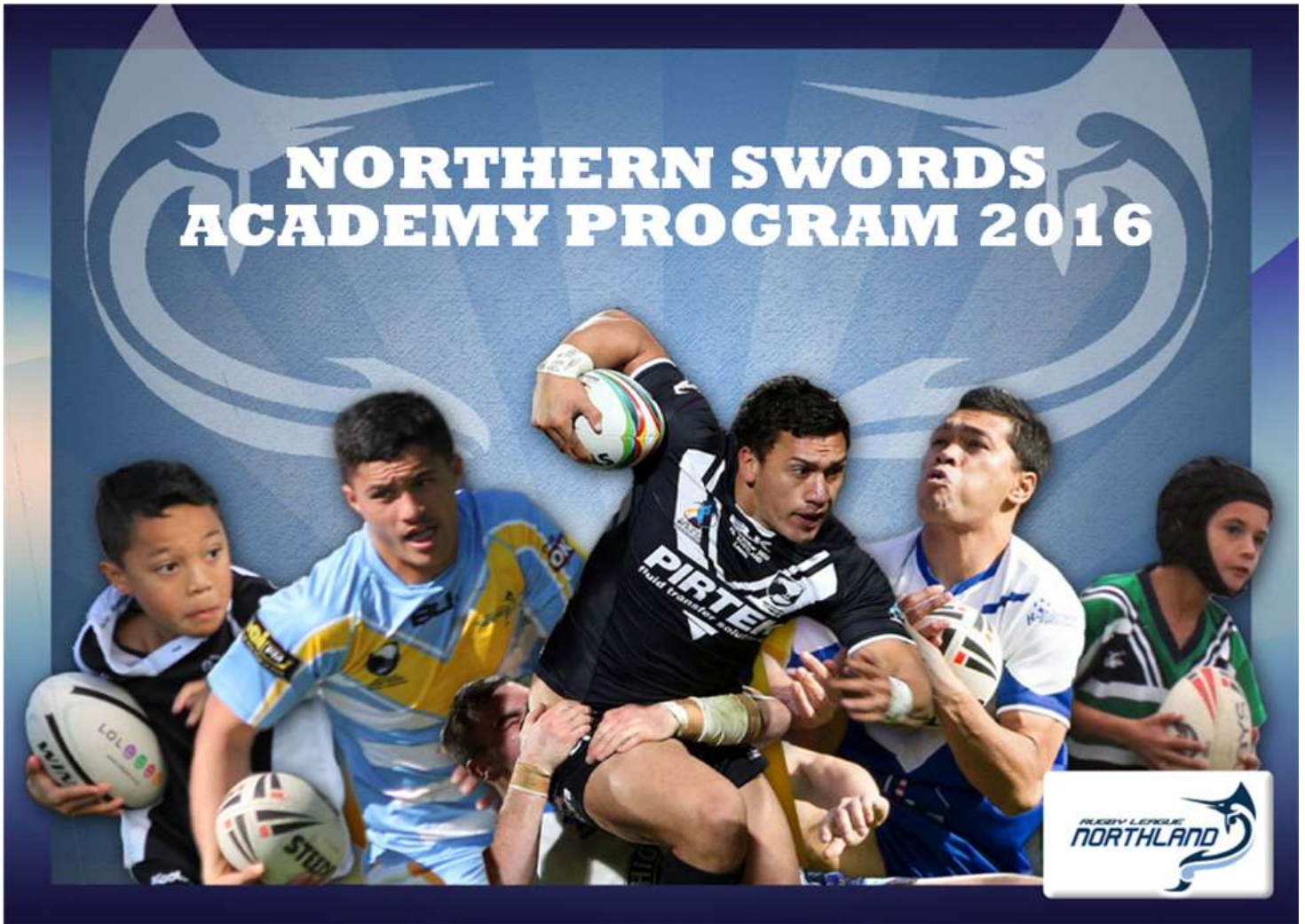




Jennian  
HOMES  
Your personality. Our expertise.

Rugby League Northland  
ASB Northland Sports House  
Western Hills Drive  
PO Box 1492, Whangarei 0140  
P: +64 9 437 9640  
F: +64 9 437 9639  
www.rln.co.nz

# NORTHERN SWORDS ACADEMY PROGRAM 2016





Rugby League Northland  
 ASB Northland Sports House  
 Western Hills Drive  
 PO Box 1492, Whangarei 0140  
 P: +64 9 437 9640  
 F: +64 9 437 9639  
 www.rln.co.nz

# Academy Overview

The idea behind this Academy, is for it to assist as a *pre-season* and *in-season* program for all potential representative junior Swords players. It is a wider training group that will implement best practice training modules, which in turn, will enhance the capabilities of our players.

It is intended that players will have one muster this side of 2015. They will be given a training program which will be carried out over the Christmas break. Players will then assemble for 3 training modules, which will also include game preparation for the 17s players, who will play the Auckland Warriors 18s(tbc) on the 13<sup>th</sup> February, here at Toll as a curtain raiser to the Warriors Titans game.

The wider training group will then train once a month. This will include testing and analysis of player development as well as a total of 5 camps, which will culminate with the junior Swords trials.

### The Coaches role:

It is expected that the coach will take a lead role in all the aspects of skill development and technical field session planning, which encompasses a key leadership and mentoring role.

The coach will also be responsible for the selection of players and their development throughout the season. They will also be a crucial person in the preparation of the Swords pre-season games leading into the National tournament.

It is assumed, that the Academy Coach, will Coach either the 15s or 17s Swords side.

### Key Dates:

Sunday 6 <sup>th</sup> of December	Full team muster
Wednesday 27 <sup>th</sup> of January	Training module 1
Wednesday 3 <sup>rd</sup> of February	Training module 2
Wednesday 10 <sup>th</sup> of February	Training module 3
Saturday the 13 <sup>th</sup> of February	18 selection vs Warriors 18s Toll Stadium
Sunday the 12 <sup>th</sup> of March	Swords Camp
Sunday the 9 <sup>th</sup> of April	Swords Camp
Sunday the 7 <sup>th</sup> of May	Swords Camp
Sunday the 11 <sup>th</sup> of June	Swords Camp
Sunday the 9 <sup>th</sup> of July	Swords Camp





Rugby League Northland  
 ASB Northland Sports House  
 Western Hills Drive  
 PO Box 1492, Whangarei 0140  
 P: +64 9 437 9640  
 F: +64 9 437 9639  
 www.rln.co.nz

## HEAD COACH, RLN JUNIOR ACADEMY 2016 POSITION DESCRIPTION

**PROGRAM:** RLN Academy 2016

**REPORT TO:** RLN Development Manager, Aaron Thomas

---

### GENERAL DESCRIPTION:

The Coach will take lead role in aspects of skill development and technical field session planning, in conjunction with the Zone Academy Facilitator.

An athlete centered philosophy is key to success in this role. Developing the athletes, physical, mental, technical, tactical and well-being is key in this program being measured as successful.

The successful candidate will have sound processes around talent ID, developing team culture and management.

The Coach has a key leadership and mentoring role for the athletes, having a significant impact on their development and motivation. The Coach will demonstrate the ability to effectively lead and manage individuals and meet the desired targets set in conjunction with the Zone.

To perform this role successfully, the Coach must be able to perform all requirements in this job description to a high standard.

### Key Responsibilities:

- Compile and communicate schedule in consultation with relevant Zone and academy personnel
- Coordinate coaching staff and their delivery in the football programme
- Demonstrate personal credibility, honesty, integrity
- Ensure training sessions are well structured, and maximises the usage of time and resources available and provides drills and practices that enhance the player's skill development and understanding of the game
- Provides regular, accurate and meaningful feedback to players on areas for improvement and monitors progress during the campaign and the team demonstrates significant improvement over the campaign
- Submit a Coach's review at the end of the 2015/ 2016 program.
- Develop and maintain relationships with all other members of the management team and Zone staff







Rugby League Northland  
 ASB Northland Sports House  
 Western Hills Drive  
 PO Box 1492, Whangarei 0140  
 P: +64 9 437 9640  
 F: +64 9 437 9639  
 www.rln.co.nz

### Knowledge & Skills:

- NZRL Senior Club Coach Accreditation (National Competition experience preferred)
- A minimum of 5 years' experience in a coaching role
- Strong communication and organisation skills
- A thorough knowledge and ability to demonstrate different coaching styles, approaches and techniques
- Understand the characteristics and needs of the athletes you will coach in relation to their stage of development
- Currently coaching and has a proven track record for developing athletes

### Planning and Reporting:

- Prepare a detailed SWOT analysis directly after the completion of the academy program.
- Make recommendations for improvement and success
- Conduct one on one player reviews and measure each individual against the team plan/ goals
- Provide Zones with accurate player assessments, highlighting ability, potential and recommending areas of development
- Work with academy facilitator to develop and complete detailed IPP's (Individual Performance Plans) for selected elite players within their program

### Personal Attributes:

- High level of planning
- Shows initiative and drive
- Highly motivated and determined
- Flexible and understanding of different cultures and backgrounds when dealing with people
- Possess leadership qualities and leads by example
- Process orientated

